

Peace of Mind



The ancient symbol of the Tree has been found to represent physical and spiritual nourishment, transformation, and liberation.

Schedule your next appointment

Text/call: (860) 986-9112

Email: susan.peaceofmind@gmail.com

yourpeaceofmind.massagetherapy.com

Peace of Mind

Massage

Swedish *

\$125 (60 min)

\$165 (90 min)

Swedish Massage uses a light to medium touch that includes a variety of techniques tailored to your specific needs. Using long fluid movements to gently stretch your muscles and relieve tension. Immerse yourself in a deeply comforting experience.

Deep Tissue *

\$140 (60 min)

\$180 (90 min)

Deep Tissue Massage uses medium to deep work that relieves muscle tension and helps remove toxins from your body. Our specialists will help release pain and discomfort in congested areas within muscles due to stress or injury. They also help restore proper range of motion, leaving your body in a state of gratitude.

Couples Massage *

(see above for pricing)

This couples massages is a shared experience designed for two people where each person receives either a Swedish massages or a Deep Tissue massages by two different therapists in the same room.

Therapeutic Stone Massage *

\$150 (60 min)

\$190 (90 min)

This massage introduces the application of stones at varying degrees of warmth to go beyond the physical experience of a typical massage. Stones blended with traditional massage deepens the state of relaxation, creating balance in the emotional, physical and mental state of being.

Foot Massage

\$70 (30 min)

Bring your feet to life and the body will follow. This 30-minute foot massage is based on the theory that the foot is a map of the entire body. Massage and mild pressure is applied to specific areas of the feet, which have beneficial effects to the entire body.

Foot Scrub

\$15 (add-in)

Add to any of the above massages. A luxurious foot scrub paired with hot towels is used to elevate any experience.

Foot Massage & Foot Scrub

\$85 (30 min)

In-Room Massage

\$165 (60 min)

\$210 (90 min)

* You can upgrade any service using blended essential oils for an additional price of \$5

Prices and services are subject to change without notice.

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Policies

PAYMENT METHODS

We accept cash, check, Venmo, Peace of Mind gift cards and all major credit cards. If you decide to use a credit card, debit card or Venmo, there will be a 3% upcharge. Gift cards will not expire but must be present at the time of the service. We are not responsible for lost or stolen gift cards. Gift cards may not be returned for cash value but are transferable towards another type of massage.

GRATUITIES

Our service providers work on commission-only basis, and our pricing does not include gratuities. Tips are always appreciated and may be given to our technicians directly. (18-20% of the total service is an industry standard and appreciated for a job well done)

CANCELLATIONS & MISSED APPOINTMENTS

We understand that emergencies and unplanned events occur. However, a missed appointment means the loss of availability for another guest. Appointments must be cancelled at least 24 hours prior to the scheduled service and may be subject to a charge equal to 50% of the reserved service. A "no show fee" will be charged equal to 100% of the reserved service. We thank you for your cooperation and understanding.

PROMPTNESS

We understand that life can get hectic. If you will be more than 15 minutes late, we ask that you understand that we may need to reschedule your appointment. The decision will be based on whether or not the service provider can complete your service in the remaining time allotment.

We do our best to run on time, however, on occasion a delay can occur. We ask for your patience if this should happen. In the event we can foresee a delay, we will make every effort to contact you to advise of the delay and discuss options.

PEACEFUL ENVIRONMENT

For the enjoyment of the other guests, we respectfully request that you mute any electronic devices. Personal cell phone conversations are discouraged.

We look forward to helping you achieve your own Peace of Mind.