

# Interlaken TEAM BUILDING ACTIVITIES

## Paint N' Sip

### with Little Red Bird Studio

Participants receive a canvas, paint, and instruction, and then create their own unique artwork while socializing with coworkers. This relaxed and low-key atmosphere allows team members to bond and have a blast together. Music, drinks, snacks, and good company.

## Mini Golf

This 9-hole course features obstacles and challenging holes making it an entertaining way to spend time with colleagues. As you navigate the course, you'll need to work together to overcome obstacles, share tips and strategies, and support each other through the challenges. This is a fun and casual team building activity that encourages collaboration and communication.



## Trivia Time with Bruce Paddock

A fun and lighthearted way to break the ice and build team morale. It's a chance to challenge each other's knowledge on a wide range of topics! Whether you're competing against each other or working together to solve puzzles, trivia can be a great way to boost office camaraderie and have some laughs together.

## Pound and Pour with Leslie Eckstein

Colleagues come together to create energetic rhythms using drumming sticks on the floor while enjoying upbeat music. Following the session, participants can refuel with refreshments and socialize.



## Game Experience

A 5-game course designed to challenge and unite your team. The course is divided into five modules, each presenting a unique obstacle that requires communication, trust, and problem solving skills to overcome. Games include Cornhole, Horse Shoes, and Bucket Darts to name a few!

\*Games subject to change

**All programs are managed by a third party, with prices and availability to be determined.**